### Growth. Performance. Success. 2024 ANNUAL CONVENTION

NC

NATIONAL COMMUNITY



# Connecting With the Cultures in Your Community

NCPA 2024 Annual Convention and Expo Columbus, Ohio



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## **Disclosure Statement**

There are no relevant financial relationships with ACPE defined commercial interests for anyone who was in control of the content of the activity.



### Pharmacist and Technician Learning Objectives

- 1. Define social determinants of health and the effect they can have on access to health care for diverse populations.
- 2. Outline marketing opportunities for connecting with diverse communities where patients live, eat, play, and pray and how they can influence your business.
- 3. Review resources and best practices for learning about various cultures.



## **Poll Question**

Audience check- pharmacy owners, pharmacists, pharmacy technicians, faculty, other:

- Does ethnicity impact social determinants of health?
- Does ethnicity impact healthcare access?
- Do you offer cultural competent care at your pharmacy?



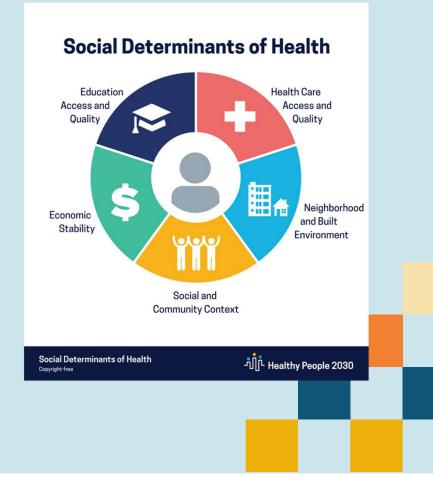
### What are Social Determinants of Health?

 Social determinants of health (SDOH) are the conditions in the environments where people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks.

SDOH can be grouped into 5 domains:

- Economic Stability
- Education Access and Quality
- Health Care Access and Quality
- Neighborhood and Built Environment
- Social and Community Context

 $\label{eq:https://health.gov/healthypeople/priority-areas/social-determinants-health#:~:text=Social%20determinants%20of%20health%20(SDOH,of%2Dlife%20outcomes%20and%20risks.$ 



## **Ethnicity & SDoH & Access**

- Ethnicity significantly influences social determinants of health, which in turn can impact access to healthcare.
- Key factors to consider include
  - Socioeconomic disparities
  - Education level
  - Geographic access
  - Language barriers
  - Cultural mistrust



## Socioeconomic Status

#### Status

- Income and Employment: Ethnic minorities often face higher unemployment rates and lower wages, affecting their ability to afford healthcare.
- Education: Disparities in educational opportunities can lead to lower health literacy, making it harder for individuals to navigate the healthcare system.

https://www.ncbi.nlm.nih.gov/books/NBK573923/#:~:text=Wide%20income%20and%20racial/ethnic.expanding%20access%20to%20health%20care.



# **Geographic Location**

- Healthcare Resources: Ethnic communities may reside in areas with fewer healthcare facilities or providers, leading to limited access to necessary services.
- Transportation Barriers: Lack of reliable transportation can hinder access to healthcare appointments, particularly for those in rural or underserved urban areas.



# Examples of how Ethnicity Affects Healthcare Access:

#### Higher uninsured rates:

• Studies consistently show that individuals from minority ethnicities are more likely to be uninsured compared to White populations, limiting their ability to access necessary medical services.

#### Disparities in preventive care:

• Ethnic minorities may be less likely to receive preventative screenings like cancer screenings or immunizations due to lack of access or cultural beliefs.

#### Differential treatment in healthcare settings:

• Unconscious biases among healthcare providers can lead to disparities in treatment quality and pain management for patients from minority backgrounds.

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4194634/#:~:text=Our%20review%20indicates%20that%20racism,in%20health%2C%20and%20more%20generally.



https://www.kff.org/key-data-on-health-and-health-care-by-race-and-

 $ethnicity/\#:\sim:text=Black\%2C\%20Hispanic\%2C\%20and\%20AIAN\%20people.of\%20cancer\%20incidence\%20and\%20mortality.$ 

# **Cultural Factors**

- Beliefs and Practices: Cultural attitudes towards health and illness can affect when and how individuals seek care. Some ethnic groups may prefer traditional medicine or be hesitant to engage with the healthcare system due to past discrimination.
- Language Barriers: Limited English proficiency can lead to miscommunication and misunderstandings, further complicating access to care.

 https://www.ncbi.nlm.nih.gov/books/NBK573923/#:~:text=Wide%20income%20and%20racial/ethnic.expanding%20access%20to%20health%20care.
https://www.vaia.com/en-us/explanations/social-studies/health/the-social-determinants-ofhealth/#:~:text=Ethnicity%20influences%20the%20social%20determinants%20of%20health.to%20poorer%20health%20outcomes%20compared%20to%20the
https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4194634/#:~:text=Our%20review%20indicates%20that%20racism,in%20health%2C%20and%20more%20generally.



# **Discrimination and Bias**

- Implicit Bias: Healthcare providers may hold biases that affect the quality of care offered to ethnic minorities, leading to disparities in treatment and outcomes.
- Experiences of Discrimination: Past experiences of racism in healthcare settings can discourage individuals from seeking care or result in mistrust of medical professionals.



# Addressing Ethnic Disparities in Healthcare Access

#### Policy interventions:

• Expanding access to affordable health insurance, addressing geographic disparities in healthcare provider distribution, and implementing language services.

#### Cultural competency training:

• Educating healthcare providers on cultural sensitivities and tailoring care delivery to diverse patient populations.

#### Community outreach programs:

• Engaging with communities to raise awareness about health issues, promote preventative care, and facilitate access to healthcare services.

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4194634/#:~:text=Our%20review%20indicates%20that%20racism,in%20health%2C%20and%20generally. https://www.ncbi.nlm.nih.gov/books/NBK573923/#:~:text=Wide%20income%20and%20racial/ethnic.expanding%20access%20to%20health%20care. https://www.cdc.gov/mmwr/volumes/73/wr/mm7309a3.htm



# **Social Networks and Support**

- Community Resources: Strong social networks can provide support and information about health services, but these may vary by ethnicity.
- Access to Community Health Programs: Ethnic groups may benefit from targeted health programs, but access can depend on location and outreach efforts.



## **Assessment Question**

1) How can ethnicity impact healthcare access?

- a) Higher uninsured rates
- b) Lower educational attainment in certain groups
- c) Reside in areas with limited access
- d) Languages differences
- e) Cultural Mistrust
- f) All of the above



## **Assessment Question**

2) Which of the following will not address ethnic disparities in healthcare access?

- a) Policy Interventions
- b) Cultural competency training
- c) Community outreach programs
- d) Bias and Discrimination





Market Expansion Through Cultural Understanding



## **October 2024 Celebrations**

- Italian American Heritage Month
- Hispanic American Heritage Month 9/15-10/15
- Global Diversity Awareness Month
- Polish-American Heritage Month
- German-American Heritage Month
- Filipino-American Heritage Month
- LGBT History Month
- National Disability Employment Awareness Month
- World Mental Health Day
- Diwali- Festival of Lights Celebrated by the Hindu Community

















#### **Engaging Your Italian Community**

October is Italian American Heritage Month

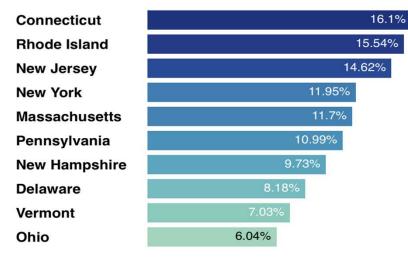
Food Language Communication Style OTC Inventory Immunizations



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#### Top 10 U.S. Italian Population by State



https://worldpopulationreview.com/state-rankings/italian-population-by-state





#### **Engaging Your Hispanic Community**

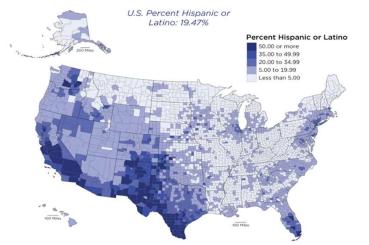
Hispanic Heritage Month Sep 15–Oct 15

Food Language Communication Style OTC Inventory Immunizations



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https://www.census.gov/library/visualizations/2024/comm/hispanic-percentcounty.html







#### **Engaging Your Disability Community**

#### October is National Disability Employment Awareness Month

July is Disability Pride Month

Communication Style OTC Inventory Immunizations

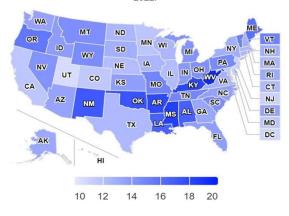


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#### Prevalence Estimate 2022

Prevalence: The percentage of non-institutionalized, male or female, all ages, all races, regardless of ethnicity, with all education levels in the United States reported any disability in 2022.



Highcharts.com

https://www.disabilitystatistics.org/acs/1









#### **Engaging Your LBGTQ+ Community**

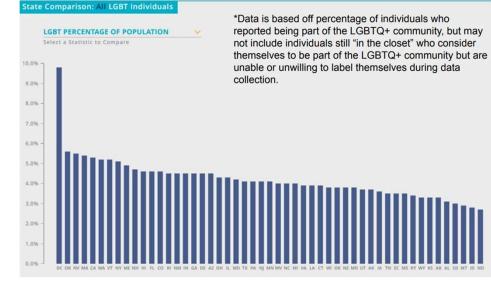
October is LGBT History Month June is Pride Month

Communication Style OTC Inventory Immunizations



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 $\underline{https://williamsinstitute.law.ucla.edu/visualization/lgbt-stats/?topic=LGBT\&compare=percentage#comparison$ 





#### **Engaging Your Hindu Population**

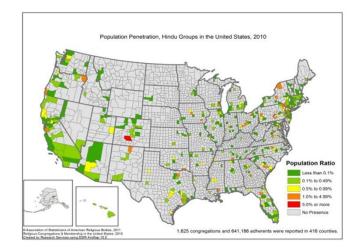
Diwali, the festival of lights occurring October 31<sup>st</sup> this year

Food Language Communication Style OTC Inventory Immunizations

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https://www.huffpost.com/entry/most-and-least-hindu-cities-in-

RCMS2010.org









#### **Engaging Your Jewish Community**

High Holy Days is celebrated in October

Food Language Communication Style OTC Inventory Immunizations



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Dixie Leikach

MANAGING NETWORK FACILITATOR CPESN® MARYLAND A 0 4

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The 2022 American Jewish Population Project found a total of 7.6 million people in the US are Jewish, making up 2.4% of the population.



https://ajpp.brandeis.edu/documents/2020/JewishPopulationDataBrief2020.pd









#### **Engaging Your Arabic Speaking Community**

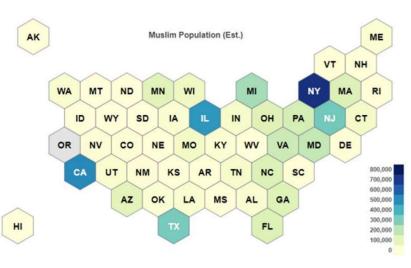
Eid Al-Adha was celebrated in June 2024 by Muslims around the world.

Language Food Communication Style OTC Inventory Immunizations



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https://www.usreligioncensus.org/node/1638





#### Chris Antypas, PharmD

LUMINARY, CPESN® USA LUMINARY, PENNSYLVANIA PHARMACISTS CARE NETWORK (PPCN)/CPESN® PENNYLVANIA

PITTSBURGH, PA

https://vimeo.com/918516000



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## **Assessment Question**

3) Isabella is the owner of a new community pharmacy located near a neighborhood with a large Hispanic population. However, she notices that she has not had many Hispanic patients fill their prescriptions at her store. Which of the following is the best method for her to become a trusted member in his community and increase her store sales?

- a) Offer discounts on medications to new patients.
- b) Send a survey to current patients asking why Hispanic patients are not visiting the pharmacy.
- c) Partner with community stakeholders to host a health fair featuring free health screenings and educational sessions in Spanish.
- d) Focus solely on advertising the pharmacy through social media





## **Assessment Question**

4) After transforming her pharmacy practice to be more inclusive, which of the following could Isabella display on store walls and/or promote on her pharmacy's social feed to better accommodate and engage Hispanic American employees and patients?

- a) HIPAA notice of privacy practices
- b) ACIP vaccination guidelines
- c) Workplace hygiene practices
- d) Hispanic holiday calendar and cultural celebration events



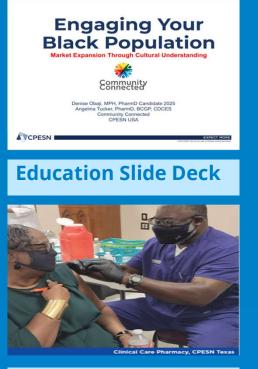
### Resources



Digital Marketing Toolkit



**Community Insights** Live Webinar Series



**Resource Library** 



Video clips



**CC Newsletter** 



## **Helpful Resources**

- Website- <u>Visit us</u> Resource Library -Updated with new resources monthly
- Webinar- <u>Register</u> –First Wednesday of every month 9 PM EST

Newsletter-<u>Subscribe</u> – Monthly



## Game Plan

Demographic search in and out of your pharmacy to identify your target patient population

Identify the services and resources to engage your target population

Identify your support service team, provide training. Implementation and Continuous Quality Improvement





# Questions?



# Contact Information

If you have a story to share or want to be involved contact

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